

JOB TITLE:	Mental Wellbeing Practitioner
RESPONSIBLE TO:	Health and Wellbeing Manager
RESPONSIBLE FOR:	N/A

JOB SUMMARY:

Newcastle United Foundation are recruiting a Mental Wellbeing Practitioner to work across a variety of our youth programmes.

The successful candidate will develop and deliver an innovative new programme that will improve the mental wellbeing of participants aged 11-24.

You will increase the profile of the Foundation as a credible provider of youth mental health support.

You ensure that all activities adhere to Newcastle United Foundation and partner safeguarding, quality and reporting standards.

You will be expected to deliver a high quality service, ensuring excellent participant and partner satisfaction.

MAIN DUTIES:

Direct or Indirect responsibility

Duties/Responsibilities	D/I
<ul style="list-style-type: none"> Design & deliver a range of evidence based group work interventions that improve the mental wellbeing of participants aged 11-24. 	D
<ul style="list-style-type: none"> Use a person centred approach to design, delivery and evaluation of youth mental wellbeing interventions 	D
<ul style="list-style-type: none"> Work on a 121 basis with participants who are identified as needed extra support with their mental wellbeing 	D
<ul style="list-style-type: none"> Be a confident spokesperson for the Foundation at appropriate stakeholder meetings and events 	D/I
<ul style="list-style-type: none"> Ensure a high standard for all youth mental wellbeing interventions, using the Foundation's quality assurance framework 	D
<ul style="list-style-type: none"> Meet regularly with programme partners, including Public Health colleagues, to report on progress and ask for feedback 	D
<ul style="list-style-type: none"> Use validated tools to measure change in participants mental wellbeing 	D
<ul style="list-style-type: none"> Work with colleagues across the Foundation to embed health and wellbeing messages and activities into existing programmes to benefit participants 	D
<ul style="list-style-type: none"> Ensure all project administration, monitoring and management information is collected, collated and supplied 	D

In addition to these functions, employees are required to carry out such other duties as may reasonably be required.

<ul style="list-style-type: none"> • Ensure that risks associated with programmes are effectively managed by following Foundation policies and procedures 	D
<ul style="list-style-type: none"> • Ensure the protection and safeguarding of children, staff, volunteers, contractors and the general public, reporting incidents to the Health and Wellbeing Manager 	D
<ul style="list-style-type: none"> • Regularly identify and share good news stories with the Health and Wellbeing Manager 	D
<ul style="list-style-type: none"> • Provide training to all relevant staff who will support on the programmes 	D
<ul style="list-style-type: none"> • Develop good relationships with all participants 	D
<ul style="list-style-type: none"> • Support with the development of a range of youth mental health digital resources 	D
<ul style="list-style-type: none"> • Maintain up to date mental health knowledge and share learnings and insight with staff when appropriate to do so 	D
<ul style="list-style-type: none"> • Supervision of Project Officers 	D
<ul style="list-style-type: none"> • Contribute to project reports as and when required 	D
<ul style="list-style-type: none"> • Meet all KPI's set by Project Manager 	D
<ul style="list-style-type: none"> • Advise on best practice to Project Manager and SMT in regards to supporting young people on mental health 	D
<ul style="list-style-type: none"> • Offer support and insight for funding bids that will help to grow youth mental wellbeing projects 	D
<ul style="list-style-type: none"> • Support Management and Senior Management in the external relationship with key stakeholders 	D

PERSON SPECIFICATION

Essential or Desirable Requirement

Qualification/Education	E	D
<ul style="list-style-type: none"> • Degree or the equivalent in a subject relevant to this post 	E	
<ul style="list-style-type: none"> • Mental Health First Aid 		D
<ul style="list-style-type: none"> • Valid Emergency First Aid Award 		D
<ul style="list-style-type: none"> • Valid Safeguarding award 		D
<ul style="list-style-type: none"> • Youth Work qualification 		D
<ul style="list-style-type: none"> • Relevant accredited qualifications in mental health or youth work 		D

Experience	E	D
<ul style="list-style-type: none"> • Experience of helping young people to improve their health and wellbeing 	E	
<ul style="list-style-type: none"> • Developing and delivering activities to improve young people's health and wellbeing 	E	
<ul style="list-style-type: none"> • Supporting young people on a 121 basis 	E	
<ul style="list-style-type: none"> • Working with young people who exhibit challenging behaviours 	E	
<ul style="list-style-type: none"> • Monitoring and evaluating work, planning and recording and measuring outcomes 	E	
<ul style="list-style-type: none"> • Experience working with or living in a marginalised community 		D
<ul style="list-style-type: none"> • Experience of delivering health interventions in marginalised communities 		D

In addition to these functions, employees are required to carry out such other duties as may reasonably be required.

Aptitude or Skill	E	D
• Knowledge of public health and wellbeing trends and challenges	E	
• Knowledge of mental health issues	E	
• Knowledge of challenges/barriers to young people participating in sport	E	
• Excellent IT Skills (Outlook, Word, Excel, Powerpoint etc)	E	
• Ability to motivate and inspire others	E	
• Confident public speaker	E	

Personal Characteristics	E	D
• Passion for young people’s mental health and wellbeing	E	
• Desire to maintain up to date qualifications and practice	E	
• An understanding of and commitment to equality and diversity	E	
• Commitment to reflective practice	E	
• Able to use own transport	E	
• Able to work flexibly including regular evenings and weekends	E	

Special Terms

Special Conditions
This post is subject to an Enhanced DBS check. Some evening and weekend will be required.
Working in different locations
Flexibly working with a mixture of at home and office work and travel across the region.

In addition to these functions, employees are required to carry out such other duties as may reasonably be required.